October 7, 2016

To: Year 9A Parents and Guardians
Re: Year 9A Health Excursion

As an extension of the Health & Physical Education curriculum, Year 9A students will participate in the ‘Just Think’ program on October 20 at the Deakin Cats Community Centre -- Simonds Stadium. This is a one day workshop run by Geelong Cats in partnership with Barwon Youth.

“Just Think” is all about Safe Drinking behaviours. The program aims to educate students about responsible drinking and for students to “Just Think” BEFORE things get out of hand. The program covers topics such as alcohol as a drug, the influence of society on their attitude to alcohol as well as practical tools to stay safe, the impact alcohol can have, how to respond in an emergency and having a good time without alcohol.

Students will depart by bus from the College at 9am and return to school by 3pm. They will be required to wear their Sports uniform. Students will need to take their school bag with a packed lunch, snacks and drink bottle.

As this excursion is local, this is an information letter only.

If you have questions regarding this program, please contact Mrs Georgia Quirk at the College.

Kind regards

Mrs Georgia Quirk
Middle School Coordinator